

April's Gold Medal School of the Month

Thomas Edison Charter School – South Campus

Principal: Eldon Budge

School Coordinator: Callan Kent

Mentor: Chelsea Yates

Thomas Edison Charter School – South Campus is a brand new school in Cache Valley. Despite dealing with the many challenges of opening and starting a new institution, the school's principal decided to implement the Gold Medal Schools (GMS) program.

Thomas Edison has made great contributions to GMS through its willingness and enthusiasm for the program in implementing changes to their school. One new thing that was implemented at Thomas Edison was the Gold Medal Mile (GMM). The students love running the GMM. To kick-off the 2006 New Year, Thomas Edison started a monthly GMM classroom competition. Each month, classes have competed for the most run Gold Medal Miles. The winning classes have been honored at morning greeting with the presentation of the "Golden Shoe Award." So far Mrs. Hunt's 3rd grade class and Mrs. Heiner's Kindergarten class has won the "Golden Shoe Award."



During the National Nutrition Month of March, Thomas Edison students learned about the new food guide pyramid – MyPyramid. The food guide pyramid lessons were taught during PE. The students enjoyed learning about the modified structure and different food groups of MyPyramid. After learning about MyPyramid, the entire school participated in a Dole 5 a Day Challenge to apply what they learned. In the cafeteria 5 a day posters hung on the walls as a reminder to the students to eat their fruits and vegetables.



The Dole 5 a Day Challenge was definitely challenging, but after a week 18 students reported eating at least 5 servings of fruits and/or vegetables a day. National Nutrition Month activities at Thomas Edison encouraged healthy eating habits and reinforced the importance of using MyPyramid in making healthy food choices.



Thomas Edison – South Campus is about to finish its first school year as well as complete all Gold level criteria. Thomas Edison is a great addition to the GMS program because of its motivation to progress in it. The faculty and staff are very supportive and excited to make changes that will help make their school become more physically active, healthy, and tobacco free.



Visit Thomas Edison Charter School's website at www.thomasedisoncharterschool.org